

SKIF -USA Newsletter



A publication of
SKIF-USA



2006 World Karate Championships

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More than a Tournament

By Michele Farwell

November 3rd, 2006 marked the initiation of the 9th Shotokan Karate International Federation (SKIF) World Championship in Tokyo, Japan. This commemorative event took place at the Tokyo Metropolitan Gymnasium where Hirokazu Kanazawa, founder and President of SKIF, became the first all-Japan kumite champion nearly 50 years ago.

More significant than this memorable date of 1957 was the visible effect that Kanazawa Kancho has had on the world through karate. This was apparent Saturday morning at the opening ceremony when over 70 countries stood in harmony through the convergence of karate-do and budo. Obvious to most, this was more than a show of mere respect for a leader, a memorable moment, or even a tournament. This was the representation of peace.

Included among the 70 countries was the United States, who for the first time participated in the World Champion-

ships with a complement of competitors in every division. Ranging from age 10 to 70, the SKIF-USA team included competitors from throughout the continental United States and Hawaii. Out of 35 members, five medals were brought home, two including the coveted Gold.

The competition started Friday with the Junior and Masters divisions. Francis Fong, president of SKIF-USA, was the first American of the weekend to receive a medal. His outstanding performance of "Goju-Shiho-Dai" captured the bronze and set the tone for his pursuing teammates.

Succeeding Mr. Fong was Penny Karpovsky, from California. She performed a stunning "Hangetsu" to achieve the gold for the US. Shortly after Penny's success, the United States claimed another medal. Wayne Shockness, from California, battled his way through a number of victories. In the end he claimed the bronze in the Masters division for kumite.

Friday concluded with the men's individual kata, ages 40-44, division. Jaime Wong, from Florida, fought through a large group of competitors, finishing in

the finals. There he continued his success, claiming the silver with a near flawless "Gojushiho-Dai".

The competition continued to be as difficult on Saturday. The adult seniors, age 20-39, in all, performed remarkably. In addition to being the largest group of competitors, they also proved to be the most fierce. Among the group, representing the United States, was Clay Morton.

Clay Morton had the largest division, 140 top-level male kata competitors including a couple of SKIF's leading instructors. Morton, who has had a number of victories in previous tournaments, triumphed over several opponents sweeping the elimination rounds with the score, 5 flags to 0.

In the finals, Morton performed a surpassing "Gojushiho-sho" with flawless technique. Spectators watched breathlessly as he defeated four top Japanese competitors, two Indonesian competitors and one Chilean competitor to win the gold. His outstanding performance received a standing ovation that included Kancho Kanazawa himself. In the end, Morton became the first American to win a medal in his category.

More impressive, however, than his kata or technique, was Clay Morton's display of character. Out of all the matches that he won not once did he exhibit a cavalier or haughty attitude. He never shot his fist into the air with triumph or show-boated around the ring in victory. In fact, when he won, he only smiled slightly, nodded to his teammates and parents and walked off the ring in humility.

This is the essence of karate-do. Even Funakoshi stated, "deciding who is the winner and who is the loser is not the ultimate goal... karate-do is a martial art for the development of character". Overall, everyone who participated at the 2006 Championships walked away challenged, convicted and inspired. Most everyone there encapsulated true karate spirit, humility and respect. When that occurs, as was witnessed, then harmony can begin.

Special Appreciation Awards Given by Kancho to Three SKIF-USA Members

By Glenn Stoddard

At the 9th SKIF World Championship held in Japan, in November 2006, forty-five individuals from around the world were presented with "Special Awards" of appreciation by Kancho Kanazawa. These awards were presented in recognition of the contributions and efforts made by these individuals to expand SKIF. Among the forty-five award recipients worldwide were three long-time members and leaders of SKIF-USA: Shihan Victor Takemori, of Hawaii; Shihan Francis Fong, of Hawaii; and Sensei Glenna Burluson of Florida (formerly of Minnesota).

Shihan Victor Takemori, who is 8th dan and holds the honorary title of hanshi, is the highest ranking member of SKIF-USA and one of the highest ranking members of SKIF in the world. He was one of Kancho Kanazawa's first students in Hawaii, when Kancho went there to live and teach in 1960.

Shihan Francis Fong, who is 7th dan and also holds the title of hanshi, is very close in seniority to Shihan Takemori. He was also an early student of Kancho's from his days in Hawaii.

Sensei Glenna Burluson, 6th dan, renshi, is the highest ranking female member of SKIF in the United States and has been a member of SKIF-USA since it was founded as an official branch of SKIF. Sensei Burluson is well known among SKIF-USA members as the former General Secretary of SKIF-USA, and she is also known as a well-respected instructor and successful international women's kata competitor at several SKIF World Championships.

The Special Awards were announced by Kancho Kanazawa at the welcome party in conjunction with the recent 9th SKIF World Championship, and the recipients were individually listed on page 26 of the 9th SKIF World Championship Program.

On behalf of the SKIF-USA Board of Directors, congratulations to Shihan Takemori, Shihan Fong, and Sensei Burluson for earning such prestigious awards from Kancho! OSS!





SKIF-USA Family Members:

I would like to extend my sincere congratulations and warm "Aloha" to all our SKIF membership and especially to our General Secretary Glenn Stoddard and board members who provided the leadership and support in making 2006 a most successful year for the SKIF-USA organization.

The high light this past year has been marked with a great emphasis in bringing our SKIF membership together in preparation for this year's world tournament. Several national championship tournaments and a training session were held under the host Peak Performance Dojo of Minnesota to select

a national team and to prepare them to represent SKIF-USA at the 9th SKIF World Karate Championship in Tokyo. This year marks the first year that SKIF-USA was able to field a representative national team who competed creditably against other world competitors and we should all be very proud of them. I would like to commend all the competitors and especially to our medal winners.

My best wishes to all of you for a happy, healthy and prosperous New Year.

Sincerely,
Francis C. Fong, President

SKIF-USA Team Officials, Advisors, and Juniors Recognized

By Glenn Stoddard

As General Secretary and Team Coach for the SKIF-USA Team at the 9th SKIF World Championship in Tokyo, Japan, I feel it is necessary to give credit where credit is due for our success at this important event. The truth is the SKIF-USA Team's fine showing by our individual and team competitors at this event could not have happened without the organizational leadership and support of many key people.

First, our SKIF-USA Team Manager, Sensei Lynda Crimmins, did a superb job of registering everyone for the Championship and making sure all administrative details and related activities came together as smoothly as possible under the hectic circumstances surrounding this event. We all owe a debt of gratitude to Sensei Crimmins for the long hours and hard work she put in on our behalf on a totally voluntary basis. Thank you Sensei Crimmins!

Second, our Assistant Coaches at the Championships, Sensei Shadi Barazi and Sensei Wayne Shockness, both did a terrific job of coaching our team members in Japan. These two individuals were invaluable to me and they helped make up for my many failings as Team Coach. Without their efforts and leadership, our team would have lacked the effective coaching we had, and our competitors may not have done as well as they did. Thank you Sensei Barazi and Sensei Shockness!

Third, certain SKIF-USA senior dan grades who participated in the Championships and provided very helpful advice, feedback and support to me as the event proceeded deserve special recognition. Although these individuals did not have a formal title or role, I consider them to have been Senior Advisors who (whether they knew it or not) assisted me in my duties as Team Coach with sound advice and counsel. In particular (and I apologize if I have left anyone out), the following individuals acted as very important Senior Advisors to me at the Championship: Shihan Victor Takemori, Shihan Francis Fong, Shihan, Hiroyasu Fujishima, Shihan Robert Nishimura, Shihan Ed Kiyuna, Shihan Ron Awa,

Sensei James Shea, Sensei Mike Cook, Sensei Masashi Yasuhiro, Sensei Richard Zoraster, Sensei Vicente Gonzales, Sensei Charles Baker, Sensei Jay Castellano, Sensei Eugene Smith, Sensei Jaime Wong, Sensei Steve Warren, Sensei Ahcene Briguene, Sensei Penelope Karpovsky, Sensei Charles Macolino, Sensei Clay Morton, Sensei Alison Chakoumakos, and Sensei Michelle Farwell. Thank you all for your advice, help and support!

Fourth, the judges and referees who participated from SKIF-USA deserve high praise and recognition. Without high-quality judging such a tournament could not be successful. Although it is easy to second-guess the judging at any karate tournament (and we all do so), the real test comes at the end when the results are tallied and when we can see who the winners are and how safe the event was. Fortunately, the following individuals helped provide for some very high-quality judging, which ultimately led to well-respected tournament results and a relatively small number of injuries at the tournament. Our SKIF-USA judges and referees were: Shihan Victor Takemori, Shihan Francis Fong, Shihan, Hiroyasu Fujishima, Shihan Robert Nishimura, Shihan Ed Kiyuna, Shihan Ron Awa, Sensei Vicente Gonzales, and Sensei Charles Baker. Thank you for your dedication to karate-do and for your excellent judging!

I also want to recognize the following juniors on our SKIF-USA team who made the long trip to Japan to show our international SKIF family that SKIF-USA has a very bright future with excellent spirit and technique. They are: Matthew Ferrando, Harrison Pham (who did us all very proud by carrying the United States flag at the opening ceremony of the Championship), Michael FunQueue, Ian FunQueue, Louis Yasuhiro, Angela Shockness, and Michael Mondello. Thank you for making us all proud, and keep training!

Finally, I also want to recognize and thank everyone else who participated in or otherwise supported our team at the 9th SKIF World Championship in Tokyo, Japan. Whether you competed, contributed in any way, and whether you won or were eliminated during the competition, you are all winners in my book because you have shown what true karate spirit is all about and you have helped make SKIF-USA into a very important part of our international SKIF family! OSS!

USA Team Takes Five Medals at 9th SKIF World Championships

A 36-member team from the USA recently competed at the 9th Shotokan Karate-do International Federation (SKIF) World Championships, held in Tokyo, Japan from November 3-5, 2006.

The team from SKIF-USA consisted of competitors from throughout the continental United States and Hawaii. Team coaches were Glenn Stoddard of Wisconsin, Wayne Shockness of California and Shadi Barazi of Texas. The team manager was Lynda Crimmins of Minnesota. All of the USA team members competed well and represented the nation with honor and strong karate spirit. In the end, there were five medal winners from the USA including: Clay Morton, who won the gold medal in men's individual kata in the 20-39 year men's senior division; Penny Karpovsky who won the gold in individual women's kata in the 60-64 years masters division; Jaime Wong, who won the silver medal in the 40-44 years men's individual kata in the master's division; Francis Fong, who won the bronze medal in the men's individual kata in the 76 years and over masters division; and Wayne Shockness, who won the bronze medal in the 45-49 years masters division kumite.

Clay Morton had the largest and most competitive division of the tournament, which included 140 top-level male kata competitors between the ages of 20 and 39 years. Morton, who has successfully competed in numerous international karate tournaments, triumphed over several opponents in the elimination rounds with scores of 5 flags to 0. In the finals, where number scoring was used exclusively, Morton prevailed and beat four of the SKIF's top Japanese competitors, two Indonesian competitors, and one Chilean competitor to win the first-ever medal for the USA in his division. After Morton's final kata performance of SKIF's Gojushiho-sho, the crowd gave a huge applause and Kancho Kanazawa was among those clapping for the winner even before the scores went up!

Penny Karpovsky performed a beautiful kata to win a gold medal in her division. Jaime Wong battled his way through a large group of competitors in the elimination rounds and then went on to finish his competition in the finals with an excellent performance of Gojushiho Dai, to win a silver medal. Francis Fong, President of SKIF-USA, performed his kata with grace and dignity and won a runoff for the bronze in his division. Fong was the first American medal winner of the weekend, which set the tone for the team's later success. In the master's kumite division, Wayne Shockness fought several tough matches and eventually took home the bronze medal.

Over 1400 competitors from ages 8 through 82, representing 70 countries, gathered for this high-level competition at the 9th World SKIF Championships. The tournament was held in the Tokyo Metropolitan Gymnasium—the very same venue where Kancho Kanazawa won his first All-Japan Championship victory in jyu-kumite in 1957. It was only the third time the SKIF World Championships—which are held only every three years—were held in Japan. The last time the SKIF world tournament was held in Japan was in 1994.

Several days before the competition, karateka from all the countries united together to take part in two seminars conducted by Kancho Kanazawa and other instructors to review kumite and kata details. Kancho Kanazawa taught several mid-level and advanced katas, as well as kumite drills working on timing. Sensei Miura of Italy lead several kumite drills that

worked on exact precision in distance and body control. After the training sessions, nearly 60 people tested for various dan grades under Kancho Kanazawa.

The competition started on Friday with the juniors and masters divisions. The youngest junior division was 10 and under, and the oldest masters division was 76 and older. In these categories, countries could bring as many competitors as wanted to compete. Nonetheless, the competition was strong in all age categories. On Saturday the adults (seniors) in the 20-39 year age group went through their elimination rounds, with the finals in that group held on Sunday. In these divisions, each country could register four athletes per division. The tournament featured all of the usual categories of competition, including team and individual events in kata and jyu-kumite. However, it also included a new event in pre-arranged kumite or *yakusoku-kumite*. In this event, paired competitors performed the SKIF's prearranged kihon and jyu-ippou kumite with each other and were judged against another pair at the same time via the flag system. The number system was used in the finals, however, as in kata competition.

Overall the tournament was a fantastic experience for all people involved and especially for the SKIF-USA team. Not only was the competition enjoyable but there were excellent demonstrations by Kancho Kanazawa and guests from other karate organizations and martial arts. For inexperienced competitors, the tournament provided the opportunity to see some of the best Shotokan practitioners in the world. For the experienced competitor, it was an opportunity to compete and measure his/her capabilities against top caliber competition from around the globe. Additionally, many of those who made the trip to Japan from the USA took some additional time for sight-seeing. Some went to the Imperial Palace in Tokyo, and sites outside the city like Mt. Fuji, the Great Buddha and Master Gichin Funakoshi's shrine in Kamakura, and beautiful and historic shrines and temples in the cities of Kyoto and Nikko.

This tournament was also special because it was a chance to commemorate such a historic moment nearly 50 years ago for Kancho Kanazawa, the head of SKIF and a world leader in Shotokan karate-do.



Funakoshi's memorial at Kamakura



SKIF-USA National Team

Junior Division

<u>Name</u>	<u>Dojo</u>
Matthew Ferrando	Long Island Shotokan
Harrison Pham	Rochester Shotokan
Michael FungQuee	Long Island Shotokan
Ian FungQuee	Long Island Shotokan
Louis Yasuhiro	San Francisco Shotokan
Angela Shockness	Shockness Shotokan
Michael Mondelio	Long Island Shotokan
Ted Knapp	Shockness Shotokan

Senior Division

<u>Name</u>	<u>Dojo</u>
CJ Blackman	Shockness Shotokan
Christopher Lapiana	Rochester Shotokan
Faye Paulson	Shockness Shotokan
Alex Ndem	Shotokan Karate-Do Center
Clay Morton	Peak Performance Shotokan
1 st Place – Men's Kata age 20-39	
Stephanie Uehara	CSUN Karate
Michele Farwell	Maine Shotokan
Andre Jeanbart	CSUN Karate
Les Nishikawa	SKIF Hawaii

Masters Division

<u>Name</u>	<u>Dojo</u>
Jaime Wong	SKIF Miami
2 nd Place – Men's Kata age 40-44	
Ahcene Briguene	U.S.K.A.
Lynda Crimmins	Peak Performance Shotokan
Wayne Shockness	Shockness Shotokan
3 rd Place – Men's Kumite age 45-49	
Steven Warren	Rochester Shotokan
Stephen Ferrando	Long Island Shotokan
Lisa Turner	Maine Shotokan
Alison Chakoumakos	Rocky Mountain Shotokan
Glenn Stoddard	Wisconsin Shotokan
Shannon Blanchard	Rochester Shotokan
Aldwyn Lawrence	Long Island Shotokan
Eugene Smith	Peak Performance Shotokan
Masashi Yasuhiro	San Francisco Shotokan
Richard Zoraster	SKIF Hawaii
James Shea	New England Shotokan
Michael Cook	Maine Karate Association
Charles Macolino	Long Island Shotokan
Penelope Karpovsky	CSUN Shotokan
1 st Place – Women's Kata age 60-64	
Francis Fong	SKIF Hawaii – Salt Lake
3 rd Place – Men's Kata age 76+	

Judges/Referees/Coach

Vincente Gonzales
Charles Baker
Victor Takemori
Robert Nishimura
Ed Kiyuna
Glenn Stoddard
Shadi Barazi
Wayne Shockness

SKIF Florida
Berkley Shotokan
SKIF Hawaii Pearl City
SKIF Hawaii
SKIF Hawaii
Team Coach
Team Coach
Team Coach

Supporters

Genevieve & Wesley Fong
Marianne & Lee Morton
Carol Genovese
Stephanie & Gabrielle Baker
Elly & Anthony FungQuee
Kayarash Daylami
Lilliana Wong
Jane & Sofiya Briguene
Nancy Demarett

Allen Crimmins
Adam McLearn
Lisa Knapp
Hiroyasu Fujishima
Gwen Pham
John Haddad (Team Doctor)
Steven Wong
Nancy Nishimura
Cecile Germon



**Congratulations to
Clay Morton
1st Place
Men's Kata age 20-39**

SKIF 9th World Tournament Ramblings from a supporter Allen Crimmins

SKIF 9th World Tournament Ramblings from a supporter Allen Crimmins

I had to take a step back before I sat down to write this article - first trip to Japan, first SKIF world tournament. I needed a little time to let everything settle so I could stop the jumbled flow of mismatched foggy snapshot memories of the trip. Now that all the pieces have fallen together, I'd still like to start off by saying, WOW! I've never seen such a perfect representation of organized chaos pulled off since I watched a special on ant colonies on cable one night.

A few days before the bedlam began I wandered around and saw what I thought was the gym that would hold the tournament. I was surprised when we showed up in front of the Tokyo Metropolitan Gymnasium to see the entire courtyard filled with a sea of brightly colored warm up suits like something out of a Pollock painting. After a few photos we jumped in line and headed into the gym. I knew there were over twelve hundred competitors and more than 500 supporters from around the world, but it's really hard to picture how many people that is until you see them all filling a gym that would dwarf most sports stadiums. There was a sea of people rushing to and fro claiming blocks of seats, scrambling to take care of last minute passes and fees, and crowding the souvenir tables around the gym. (On a side note, I would recommend being one of the first to hit the shirt tables after the flood gates are released because even though they never sell out. If you wait till the end of the first day, it'll be Slim Pickins.) We then snagged a little chunk of seats, not too close, but affording a good view of everything in the arena and waited for the first day's opening ceremonies.

Everyone started to meet on the lower level of the arena and the next thing I noticed was a large group tournament officials in matching windbreakers armed with placards on six foot poles with the country names of the competitors. I had no idea how many SKIF dojos there were throughout the world until I saw this. I was impressed by the 71 different countries named on the signs. There were large turnouts from all the larger countries, but I want to acknowledge the teams with a smaller turnout; like the one-member team from Botswana who competed. A trip to Japan is chaotic enough without the thought of competing in a world tournament--but to be the only representative from your dojo/country is pretty amazing in my book.

The arena floor was soon a semi-neat domino spread of gi bottoms and warm up jackets. After a few short commencement words, the tournament was under way. The first day held the Masters and Juniors divisions. With a program that was rarely on time, PA announcements in three languages,

and a giant electronic board that often didn't change until the event started, it was difficult to keep an eye on everyone I knew who was competing. But as a spectator, it helped to get up and move around to break up the monotony of around ten straight hours of competition. So, I took many pictures and did many laps around the arena, and I really enjoyed seeing all the people, from groups of little kids to solitary men and women practicing and working over last minute details, or just working on getting their minds ready for a tournament of this caliber.

These little laps gave me a better feeling of what the whole thing was about than could have gotten sitting in the seats or on the floor. I could see the stress and dedication sweating from the competitor's faces. It was a time when their minds were preparing for competition and stage fright was fighting to hold on. A time when they hoped they were properly prepared, even though, in the back of their minds, they knew it was a little too late to try to tweak anything. The whole arena felt as though an excess of electrons had been pumped in through the air ducts. This was to be expected as we were at the top event for those who want to compete in Shotokan karate. Once every three years, they get the opportunity to meet with the whole world at their sides. For many, this was the first time they had attended a world tournament. For others it was possibly their last opportunity to come to an event like this in Japan.

After figuring out that I didn't know anyone who was up to compete soon, I went out for a little walk and stopped to get some food at the takeout window of one of the many restaurants I passed by. I sat on the front steps of the arena and did some "people watching" while enjoying the gorgeous weather. I'm really glad I took some time off to wander around and get out of the arena for a while, as it was very warm inside. I fear I might have become a tad disenchanted with the whole thing had I not gone outside for these breaks. (As another side note, if you do something like this as a spectator, my advice is to keep up with the tourist thing, check the guide books to see if there's anything interesting within walking distance, check the competition schedule and try to steal away for a few minutes to take a little breather now and then.)

As the first day's events were nearing a close I could see the wear and tear on everyone's faces and I think it's safe to say that everyone was more than a little happy when 9:30 PM rolled around and they announced the cleaning crew would be there in a half hour!

On the second day, I arrived just in time to see the official tournament ceremonies begin. The ceremonies were impressive to say the least. Each team did a walk through holding their national flag up high, with pride their floating even higher. At first, I couldn't quite put together why they were taking the time to

walk all the way around the floor to line up. But as soon as they got to the “D” countries and there was a steady stream of people circling the floor to line up, I became a little giddy. Something about it just grabbed me and I couldn't help but think about how I felt when I would open a big box of crayons for the first time as a child. As a result, I used nearly a full memory card taking pictures and nearly missed the US team as it came around the final corner!

I thought the first day was cool but in comparison, this was like the first dip in the ocean after a lifetime of public pools. I could see in the posture of a number of competitors that they thought the speeches ran a little long, but I'd be surprised if they weren't already focusing on their events to come. Saturday was the day for the elimination rounds in the Senior Division, as well as the eliminations in the Masters Men's Kata, age 40-44. I'm not sure whether it was the excess energy exerted by the young competitors or the fact that the work week was done, but the crowd seemed almost double the size of the day before. Instead of a few random satellites on the upper deck, the seats seemed about half full. There was more press on the floor and every seat on the main level was filled.

After a few speeches and more people bowing at one time than I've ever seen, the demonstrations began. I especially liked the little kids from the home dojo. There is something about hundreds of kids all doing the same Kata that I won't ever forget. But after more than an hour of demonstrations, even I was foaming at the bit to get things rolling!

As soon as things started, it was organized frenzy once again and I think it was a good six hours before one of the eight rings didn't have an event going on. Once again I was rushing around the seats, trying to wedge my way in for the best view - sometimes switching back and forth between two different rings trying not to miss anything. With the excitement in the air, it was hard not to get swept up with it all. I was having a great time rushing around snapping pictures of people I knew or even just matches that looked interesting.

The day went on as hectic as the day before, and I've got to give some credit to the countries with football (soccer) as their national sport. There's just something about team enthusiasm that sadly I don't think we Americans will ever get. The day closed with the standings for the finals the next day. When I arrived on Sunday (the final day), I was a bit shocked by the imposing sight of what had been eight rings reduced to one ring raised a good four feet off the ground.

The tournament was officially over late Sunday afternoon and everyone headed off to clean up for the closing gathering. We showed up a few minutes before being fashionably late at the Keio Plaza Hotel and the place was already packed. The entire room smelled of elation and excitement! Pictures were being snapped galore and everyone was trying to say their good byes and trading contact information to stay in touch. I really liked watching the kids from different countries who would trade their warm up suits with each other.

All in all it was an amazing experience that I'll probably never get to take part in again but would jump at given the opportunity. It was great to see people from all over the world get together

through karate and enjoy the spirit of unity. I'd like to tell everyone who reads this to start training and saving up for Greece in 2009, because you'll kick yourself if you don't go!



SKIF-USA

would once again, like to thank all of those who have graciously contributed to our National Team participating in the World Karate Championships this fall in Japan.

Don Warner of Rising Sun Productions
Glenn Stoddard
Francis Fong
Glenn & Glenna Burleson
Ahcene Briguene
Peak Performance Shotokan Karate-Do
Shadi Barazi
Paul Walker
SKIF Hawaii So Honbu
Mike Cook

We would also like to thank all of our hosting dojo's during the Kanazawa 2006 tour for all of the money they raised for our team fund raiser:

Long Island Shotokan Karate Dojo, NY
Bronx Traditional Shotokan, NY
Peak Performance Shotokan Karate-Do, MN
Shotokan Karate-Do Center, TX
Seishin Shotokan Karate, CA
SKIF Hawaii So Honbu, HI

If you would like to help our team for future tournaments please contact us at:
skifusa@comcast.net

SKIF-USA PROUDLY PRESENTS OUR NEW NATIONAL WARM-UP UNIFORM

These functional and premium quality team warm-up uniforms feature breathable material (polyester) and exclusive mesh liner. Jacket comes with zippered pockets. The pants feature elastic waistband with additional draw cord, open pockets and open leg bottoms for a high degree of comfort.



Back embroidered with
SKIF-USA logo



Colors: Insignia Blue, White and Red

Show your support for SKIF-USA by wearing our national warm-up uniform. This is the same uniform that will be worn by our National Team at the World Karate Championships this fall in Japan. Ask your Sensei about them today or email us at: skifusa@comcast.net



See all of the SKIF-USA merchandise catalogue online at:
www.skifusa.com

The newsletter staff would like to thank all of those who have contributed to this quarters Newsletter.
If you have an article that you would like to contribute please email it to: skifusa@comcast.net